



## General Illness Guidance

Venture Disability Care will be following the same guidance, in relation to general illness, as schools and education providers set by the government. Please follow the government guidance set out below if your person is unwell. Please contact a member of Venture staff to inform them of any illness and absence.

### Coronavirus (COVID-19)

Your person should try to stay at home and avoid contact with other people if they have symptoms of COVID-19 and they are either:

- have a high temperature
- do not feel well enough to go to Venture or do their normal activities

Please seek up to date government guidance in relation to Covid-19.

### Coughs and colds

It's fine to send your person to Venture with a minor cough or common cold. But if they have a fever or feel too unwell to attend, please keep them off until the fever goes.

### Sore throat

You can still send your person to school if they have a sore throat. If they also have a high temperature, they should stay at home until it goes away. A sore throat and a high temperature can be symptoms of tonsillitis.

### High temperature

If your person has a high temperature, keep them off until it goes away.

### Vomiting and diarrhoea

Individuals with diarrhoea or vomiting should stay away from Venture for 2 days after their symptoms have gone.

### Cold sores

There's no need to keep your person off if they have a cold sore. Encourage them not to touch the blister or kiss anyone while they have the cold sore, or to share things like cups and towels.

### Impetigo

If your person has impetigo, they'll need treatment from a GP, often with antibiotics. Keep them off until all the sores have crusted over and healed, or for 48 hours after they start antibiotic treatment.

### Ear infection

If your person has an ear infection and a high temperature or severe earache, keep them off until they're feeling better, or their high temperature goes away.

### Conjunctivitis

You don't need to keep your person away from Venture if they have conjunctivitis. Do get advice from your pharmacist. Encourage your person not to rub their eyes and to wash their hands regularly.

### Chickenpox

If your person has chickenpox, keep them off until all the spots have crusted over.

This is usually about 5 days after the spots first appeared.

### Head lice and nits

There's no need to keep your person off if they have head lice, however we ask that the person is treated accordingly. You can treat head lice and nits without seeing a GP.

### Scarlet fever

If your person has scarlet fever, they'll need treatment with antibiotics from a GP. Otherwise, they'll be infectious for 2 to 3 weeks. Your person can return Venture 24 hours after starting antibiotics.

### Slapped cheek syndrome (fifth disease)

You don't need to keep your person off if they have slapped cheek syndrome, because once the rash appears, they're no longer infectious. If you suspect your person has slapped cheek syndrome, take them to see a GP and inform Venture if they're diagnosed with it.

### Ringworm

If your person has ringworm, see your pharmacist unless it's on their scalp, in which case you should see a GP. It's fine for your person to attend Venture once they have started treatment.

### Threadworms

You don't need to keep your person off if they have threadworms. Speak to your pharmacist, who can recommend a treatment.